

HOW TO
PRAY

P PRAISE

Praise God for who He is. List specific character traits of God and ask Him to make them present in your own life to impact others.

Read: Exodus 34:6-7

R RELEASE

Release your heart. Ask Him to help identify places in your heart and mind that do not represent Him. Confess and repent of any sins.

Read: 1 John 1:9-10

A ASK

Ask the Lord to guide your prayers. Praying God's Word assures us we are praying rightly and encourages us to pray for others.

Read: James 4:3

Y YIELD

Yield to God's will in your life. (This may take some time, as we align our hearts with God. God ultimately transforms our lives and the people around us.)

Read: Joshua 1:9

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